



Central Adoption Resource Authority केन्द्रीय दत्तक-ग्रहण संसाधन प्राधिकरण

(A Statutory Body of Ministry of Women & Child Development, Government of India)

(भारत सरकार के महिला एवं बाल विकास मंत्रालय की सांविधिक निकाय)



No. CARA-ICA012/3/2017

Date. 20.12.2017

CIRCULAR

Subject: Amendment in Home Study Report (HSR) format for incorporating the Psychological Evaluation of the Prospective Adoptive Parents (PAPs) desiring to register on CARINGS for adopting a child from India: clarification - reg.

**To
All Authorised Foreign Adoption Agencies (AFAAs)**

In continuation to this office circular of even no. dated 27.11.2017, it is to further clarify that the Psychological Evaluation shall be required for all the cases in which the PAPs are yet to receive a referral. For the cases registered, the AFAAs may themselves update the HSR if the Scrutiny is still pending. For those cases in which the PAPs registration has been approved, the Psychological Evaluation Report shall be forwarded to CARA and the same would be checked by CARA before the issuance of NOC.

2. The HSR must contain a Section on Psychological evaluation by a licensed/trained practitioner with the final recommendation endorsed. The detailed report can be attached with the HSR as an Annexure. Psychological evaluation will include a detailed interview by a psychologist for 30-45 minutes. The interview should be focused on PAPs motivation for adoption, temperament of PAPs, stress tolerance, frustration tolerance, emotional stability, decision making and future plans.

3. The Psychologist may include (if the need be) any suitable psychological tests for the PAPs. While selecting the tests, PAPs gender, age & culture should be kept in mind. The psychological test such as the Personality Assessment Inventory (PAI) and other tests i.e. MCMI and MMPI 2 (as per requirement) can be used.

4. Another aspect for which clarification is being given for "nonfamily stakeholders". We all know the definition of family, which includes the spouse, parents, children, siblings as well as any other person related to PAPs and living together. The term non family stakeholders would include extended family members, friends, professionals, neighbours, housekeepers/ caretakers and any other close acquaintances. Such interpersonal relationships can be a part of a Psychological assessment of the PAPs.

Deepak

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